

## Weekly Meal Planner

|   | 03/10/2016  | 10/10/2016  | 17/10/2016   | 24/10/2016  |
|---|---|---|--|---|
| <b>Monday</b>   | Steak Burger & Bap  | Grilled Fish Fingers  | Soup of The Day  | Soup of The Day<br>Chicken or Chicken & Cheese Panini                                     |
|   | Soup of The Day   | Chicken Curry & Rice  | Steak Burger & Bap   | Hot Dog with Red Sauce  |
|   | Mixed Salad   |   | Crusty Bread   | Mixed Salad   |
|   | HomeMade Wheaten Bread  | Mashed Potato/ Gravy  | Mixed Salad  | Crusty Bread  |
|   |   | Carrots   | Pasta  | Pasta   |
|   | Muffin  | Chocolate Brownie   | Chocolate muffin cake  | Chocolate Brownie   |
|   | Tinned Fruit  | Tinned Fruit  | Tinned Fruit   | Tinned Fruit  |
| <b>Tuesday</b>  | Ham or Ham & Cheese Panini  | Chilli Chicken Wrap   | Ham or Ham & Cheese Panini   | Lasagne   |
|   | Oven Baked Sausages   |   | Fish Fingers   |   |
|   | Chips/ Mashed Potato  | Chicken Nuggets   | Chips/ Mashed Potato   | Pizza   |
|   |  Baked Beans |  Salad Bar |  Baked Potato | Chips/ Mashed Potato  |
|   | Pasta   | Baked Potato  | Baked Beans  | Mixed Salad   |
|   | Flakemeal Biscuits & Fruit  | Chips/ Mashed Potato  | Mixed Salad  |  Pasta |
|   | Icecream Tub  | Flakemeal Biscuits & Fruit  | Jelly  |   |
|   | Grapes  | Fruit Pieces  | Fruit Pieces   |   |
| <b>Wednesday</b>  |   | Steak Burger & Bap  |  | Fish Fingers  |
|   | Roast Turkey & Stuffing   | Soup of The Day   | Chicken Curry & Rice   |   |
|   | Salmon Fish Cake  | Tuna Roll   |  |   |
|   | Fish Fingers  | Mixed Salad   | Spaghetti Bolognaise   | Pasta Bologanise  |
|   | Broccoli  | Sweetcorn   | Pasta  | Mashed Potato/ Gravy  |
|   | Mashed Potato/ Gravy  | Crusty Bread  | Mashed Potato/ Gravy   | Baked Beans   |
|   | Carrots   |   | Peas & Sweetcorn   | Crusty Bread  |
|   | Icecream Wafer  | Jelly   | Frozen yoghurt   | Artic Roll  |
| Fruit Pieces  | Fruit Pieces  | Tinned Fruit  | Fruit Pieces   |   |
| <b>Thursday</b>   | Chicken Curry & Rice  |   | Grilled Bacon  |   |
|   | Chicken Drumsticks  | Roast Turkey & Stuffing   |  | Roast Turkey & Stuffing   |
|   | Mash Potato   |   | Roast Turkey & Stuffing  |   |
|   | Home Made Wedges OC   | Grilled Bacon   | Oven Dry Roast Potato  | Grilled Bacon   |
|   | Sweetcorn   | Mashed Potato/ Gravy  | Mashed Potato/ Gravy   | Mashed Potato/ Gravy  |
|   | Pasta   | Turnip/ peas  | Carrots  | Broccoli  |
|   | Mixed Vegetables  | Broccoli  | Broccoli   | Carrots   |
|   | Frozen Mousse   | Icecream Wafer  | Icecream Wafer   | Icecream Wafer  |
| Grapes  | Fruit Pieces  | Grapes  | Fruit Portion  |   |
| <b>Friday</b>   | Grilled Bacon   |   |  |   |
|   | Pizza   | Pizza   | Pizza  | Halloween Dinner Special  |
|   |   |   | Hot Dog  |   |
|   | Chips/ Mashed Potato  |   |  |      |
|   | Crusty Bread  | Chicken Drumsticks  | Chips/ Mashed Potato   |      |
|   | Mixed Salad   | Mash Potato   | Mixed Salad  |   |
|   | Baked Beans   | Home Made Wedges OC   | Pasta  |   |
|  fruit |   | Jelly   |  |   |
| Melon   | Flakemeal Biscuits & Fruit  |  Melon |  |   |

Fruit, Yoghurt, Bread, Milk,  
Water available daily

If a child has an allergy  
please contact the Principal/Unit Catering Supervisor

Menu Subject to Deliveries